

In addition, Mashitoh et al. (2017) claim four Islamic values related to environmental protection; (1) *qana'ah* which means being moderate, thriftiness and thankful to Allah; (2) *mahabbah* which means love and appreciation of the environment; (3) *ihsan* which means wise choice, refrain from harmful acts toward the environment, be accountable of one's act; and (4) *ta'awun* which means teaching one's family to conserve the environment, reduce the use of natural resources, reduce waste, and participate in campaigns on environmental conservation.

In line with that, the teachings of the Holy Quran support moderation of the human behaviour by using three principles: 1. The principles of unity, 2. Balance and 3. Responsibility (Mănoiu, Arslan & Madani, 2016). McKay et al. (2013) believed that better results could be obtained by raising awareness of Islamic teachings on the environment rather than making efforts to raise general awareness on conservation issues. One of the mediums to raise environmental education is through environmental volunteering activities.

One of the aspects related to religiosity is spirituality. Spirituality elements need to be cultivated into environmental education and also management and policy formation. In the context of discussing the establishment of ethics in the society for the preservation and conservation of the environment, spirituality approach has very real impact in shaping the spiritual and physical being of a healthy and kind person (Omar et al., 2015). This is consistent with Crowe (2013) who found that integration between the spiritual and religious values in Environmental Education is an appropriate approach to transform the attitude and behaviour. Thus, the motivation of volunteers based on religious or spiritual values will increase their commitment in participating in environmental programs and create a generation who can manage the environment with responsibilities.

Modes of Environmental Volunteering

Measham & Barnett (2007) claim that there are five modes of environmental volunteering i.e. activism, education, monitoring, restoration and sustainable living. The description for each mode of environmental volunteering is shown in Table 1.

Table 1 Description of Modes of Environmental Volunteering

No	Modes of Environmental Volunteering	Descriptions
1	Activism	-protecting environments, stopping environmental destruction and saving wildlife. Volunteers to raise funds and campaign for causes including climate change and the use of genetically modified organisms.