

# INTEGRASI SAINS & TRADISIONAL



DR. AMIR SHAHMI BIN MD. ALI  
PENGERUSI BERSAMA KONVENSYEN PERUBATAN  
TRADISIONAL & KOMPLEMENTARI MELAYU NUSANTARA  
14 – 15 DISEMBER 2019  
DI DECTAR UKM BANGI ANJURAN ATMA & PELBAGAI NGO

EMAIL : [DRAMIR2U@YAHOO.COM](mailto:DRAMIR2U@YAHOO.COM)

HP : 012 983 7005

FB : AKADEMI NUR SUFI

PENGASAS AKADEMI NUR SUFI & PERUBATAN NUR SUFI PUTRAMAS  
AJK PEMBANGUN STANDARD DIPLOMA PERUBATAN MELAYU  
AJK JTC PENILAIAN AKREDITASI PROGRAM PT&K KKM  
DOKTOR MEDIK SENIOR & PENGAMAL PT&K BERPENGALAMAN

Perkhidmatan PT&K	Indikasi
Urutan Tradisional	(i) Kesakitan kronik
Akupunktur	(ii) Pasca angin ahmar
Herba Onkologi	Terapi Herba sebagai Rawatan Sampingan Penyakit Kanser
Penjagaan Tradisional Postnatal	(i) Urutan Kesegaran Postnatal (ii) Penjagaan Perbidanan
Shirodhara	(i) Insomnia (ii) Stress or mental fatigue (iii) Anxiety (iv) Mild depression (v) Headaches
Terapi Basti Luaran ( <i>External Basti Therapy</i> )	<u>Kati Basti (Lumbar)</u> (i) Lumbago (ii) Lumbar Spondylosis (iii) Inter-vertebral disc prolapsed (iv) Sciatica <u>Greeva Basti (Cervical)</u> (i) Kesakitan dan (ii) Cervical spondylosis <u>Janu Basti (Lutut)</u> (i) Kesakitan dan (ii) Osteoarthritis pada bahagian lutut
Terapi Varmam	Cervical Spondylosis Lumbar Spondylosis Osteoarthritis of Knee Adhesive Capsulitis (Frozen Shoulder)

#### URUTAN TRADISIONAL MELAYU

- Hospital Kepala Betas
- Hospital Putrajaya
- Hospital Sultan Ismail
- Hospital Sultanah Nur Zahirah
- Hospital Duchess of Kent
- Hospital Sultanah Bahiyah
- Hospital Port Dickson
- Hospital Umum Sarawak
- Hospital Sultanah Hajjah Kalsom
- Hospital Raja Perempuan Zainab II
- Hospital Rehabilitasi Cheras
- Hospital Wanita dan Kanak-kanak Sabah
- Hospital Jasin

#### AKUPUNKTUR

- Hospital Kepala Betas
- Hospital Putrajaya
- Hospital Sultan Ismail
- Hospital Sultanah Nur Zahirah
- Hospital Duchess of Kent
- Hospital Sultanah Bahiyah
- Hospital Port Dickson
- Hospital Umum Sarawak
- Hospital Sultanah Hajjah Kalsom
- Hospital Raja Perempuan Zainab II
- Hospital Rehabilitasi Cheras
- Hospital Wanita dan Kanak-kanak Sabah
- Institut Kanser Negara
- Hospital Jasin

#### PENJAGAAN TRADISIONAL POSTNATAL

- Hospital Kepala Betas
- Hospital Putrajaya
- Hospital Sultan Ismail
- Hospital Sultanah Nur Zahirah
- Hospital Duchess of Kent
- Hospital Sultanah Bahiyah
- Hospital Umum Sarawak
- Hospital Raja Perempuan Zainab II
- Pusat Bersalin Berisiko Rendah 1 Malaysia, MAIWP
- Hospital Jasin

#### TERAPI HERBA SEBAGAI RAWATAN SAMPINGAN PENYAKIT KANSER

- Institut Kanser Negara
- Hospital Kepala Betas
- Hospital Sultan Ismail
- Hospital Wanita dan Kanak-kanak Sabah

#### SHIRODHARA DAN EXTERNAL BASTI THERAPY

- Hospital Rehabilitasi Cheras
- Hospital Port Dickson

#### TERAPI VARMAM

- Hospital Sungai Buloh

# TAKRIFAN MELAYU

- \* ME-LAYU = ME-NYEMBAH
- \* Menurut Perkara 160 (2) Perlembagaan Malaysia, orang Melayu itu mestilah beragama Islam, mengamalkan adat budaya Melayu, bertutur menggunakan bahasa Melayu
- \* 3 Jenis Melayu (Teori yang Diterima)
  - \* Proto
  - \* Deutro
  - \* Kacukan

# DEFINISI PERUBATAN MELAYU

- \* **Amalan Perubatan Tradisional Melayu merupakan keseluruhan ilmu, kemahiran dan amalan berdasarkan teori, kepercayaan dan pengalaman secara tradisi.**

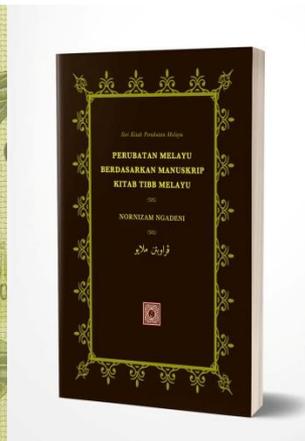
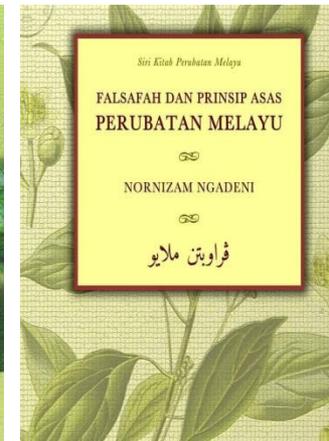
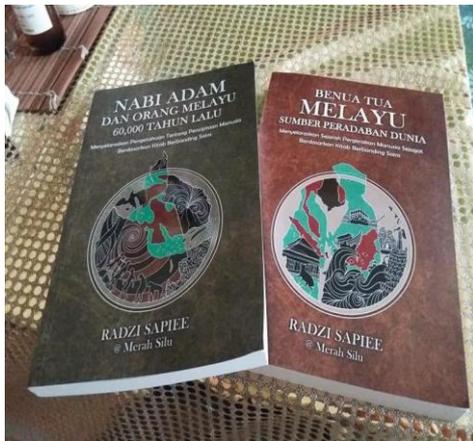
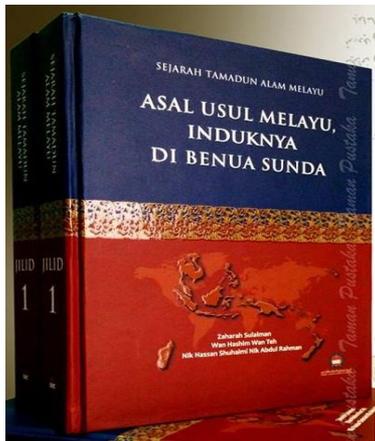
# DEFINISI PERUBATAN MELAYU

- \* DEMOGRAFI
- \* PERBAHANAN
- \* PETUA & AMALAN

“Perubatan Tradisional Melayu (PTM) ialah Perubatan Melayu yang diamalkan sejak beberapa abad dahulu. Perubatan ini yang banyak menggunakan bahan-bahan semulajadi bersumberkan tumbuh-tumbuhan/herba dan juga aplikasi semulajadi yang telah diterima secara turun temurun oleh masyarakat Melayu di Malaysia kerana ia merupakan kaedah yang selamat dan tidak memberi kesan sampingan terhadap tubuh badan manusia.”

# SEJARAH & LATAR BELAKANG

- \* Teori Nusantara Vs Teori Yunan
- \* Penemuan Arkeologi
- \* Manuskrip / Perbahanan
- \* Amalan Warisan Turun -Temurun



# MODALITI AMALAN PERUBATAN MELAYU

- \* **PSIKOSPIRITUAL / KEROHANIAN**
  - \* **DOA & PENAWAR**
- \* **MANIPULATIF**
  - \* **URUT, BEKAM, SENTUHAN, TEPUK, GOSOK**
- \* **BIOKIMIA**
  - \* **HERBA & BAHAN ALAMI, MANDIAN, BAUAN, BATUAN, KAYUAN DSB**

# FALSAFAH RAWATAN BEKAM, URUT, BAHAN ALAMI & HERBA

- \* **IKHTIAR MENGEMBALIKAN KESEIMBANGAN KESEMUA UNSUR PADA DIRI**
- \* **IKHTIAR MELANCARKAN PERJALANAN DARAH**
  - \* **OKSIGEN**
  - \* **NUTRISI**
  - \* **SEL - SEL PERTAHANAN BADAN**
  - \* **HORMON & PELBAGAI KOMPONEN DARAH**
- \* **IKHTIAR MEMBUANG KOTORAN PADA TUBUH**
  - \* **UNSUR NYATA & GHAIB**

# Konsep integrasi pelbagai jenis rawatan

PUNCA

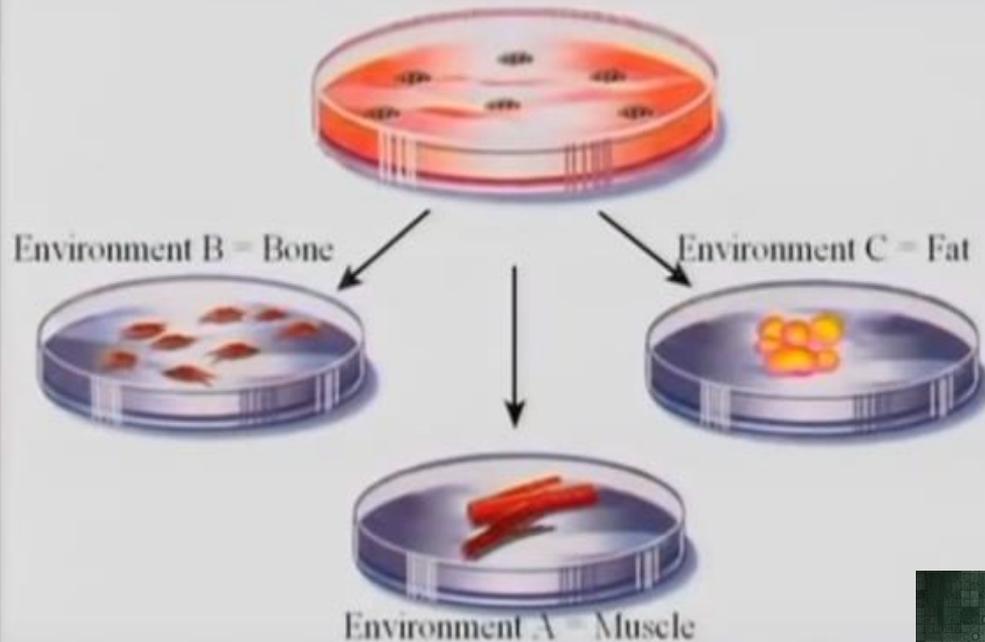
PENYAKIT

GEJALA



# EPIGENETICS

## Multipotential Stem Cells



DEVELOPMENTAL BIOLOGY 60, 26-47 (1977)

## A Fine-Structural Analysis of Normal and Modulated Cells in Myogenic Cultures

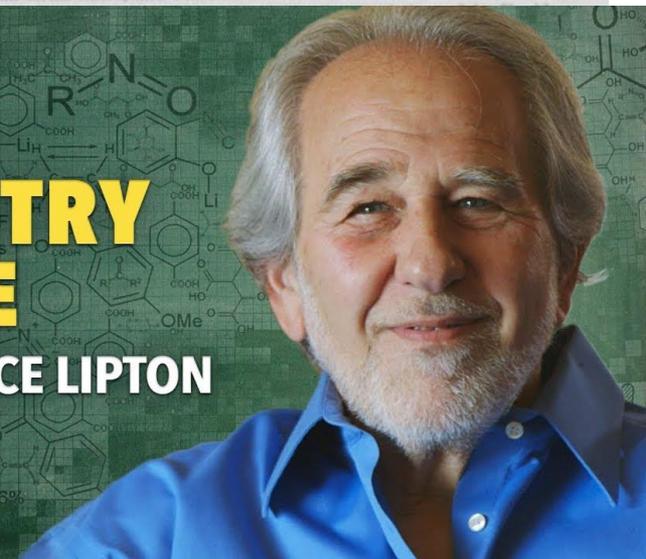
BRUCE H. LIPTON

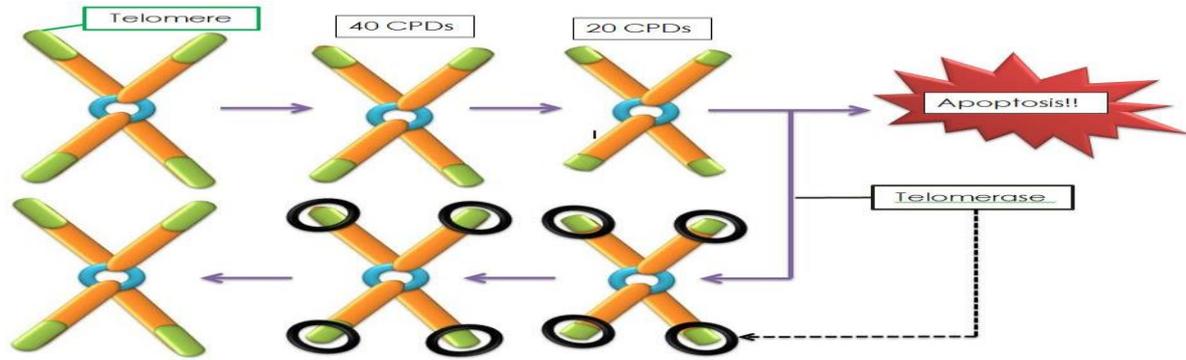
*Department of Anatomy, University of Wisconsin, Madison, Wisconsin 53706*

*Received February 11, 1977; accepted in revised form May 19, 1977*

It has formerly been reported that muscle and nonmuscle progenitor cells in clonal culture could be distinguished from one another on the basis of their distinctive morphologies. In light of recent studies critical of this interpretation, this investigation was concerned with identifying whether one could truly discriminate between myoblasts and fibroblast-like cells. The results reveal that not only is cell morphology a reliable criterion, but myoblasts and fibroblasts can also be distinguished on the basis of their fine-structural characteristics. Cytologically, spindle-shaped myoblasts exhibit an unusually dense concentration of free ribosomes and polysomes, a Golgi of variable dimensions, and a paucity of rough endoplasmic reticulum (RER). Flattened, stellate fibroblasts show an extensive elaboration of RER, multiple Golgi complexes, actomyosin stress fibers, and dense accumulations of intermediate (10 nm) fil-

**THE  
CHEMISTRY  
OF LOVE**  
WITH Dr. BRUCE LIPTON

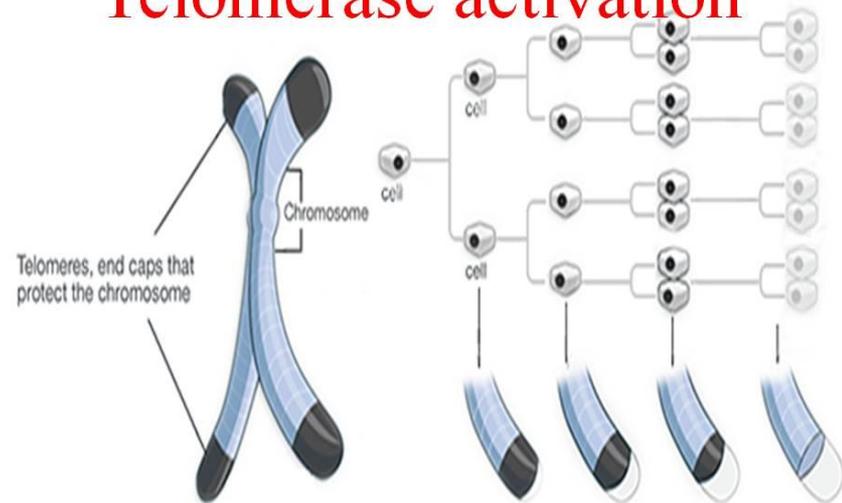




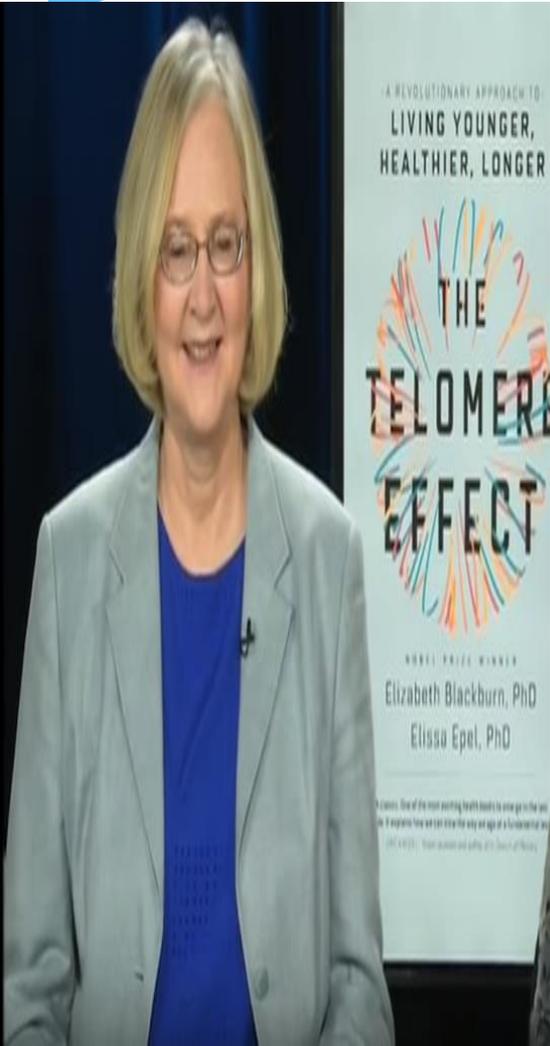
## What is Telomerase?

Telomerase is natural enzyme that stabilizes telomere length by adding DNA repeats (TTAGGG) onto the telomeric ends of the chromosomes, thus compensating for the loss of telomeres when cell divide.

## Telomerase activation



As cells divide over time...telomeres shorten, and eventually cell division stops.



# Telomere Length

Predicts: Aging, Disease and Depression

## Telomerase

Enzyme That Increases Telomere Length

**Telomerase**



Poor Nutrition

Childhood Abuse (Verbal = Physical)

Domestic Violence

Post Traumatic Stress Disorder

No Self-Love or Loss of Love

No Purpose in Life



**Telomerase**

Good Nutrition (Especially Omega 3)

Exercise

Happiness / Gratitude

Positive Outlook

Self-Love & Love

In Service



**Socrates**  
(470-399BC)

**DUALISTIC PHILOSOPHY**

Vitalism - “Form” or “Soul”

- 1) Independent of and prior to the material world
- 2) Perfect or Ideal
- 3) Unchanging

Materialism - Physical Reality

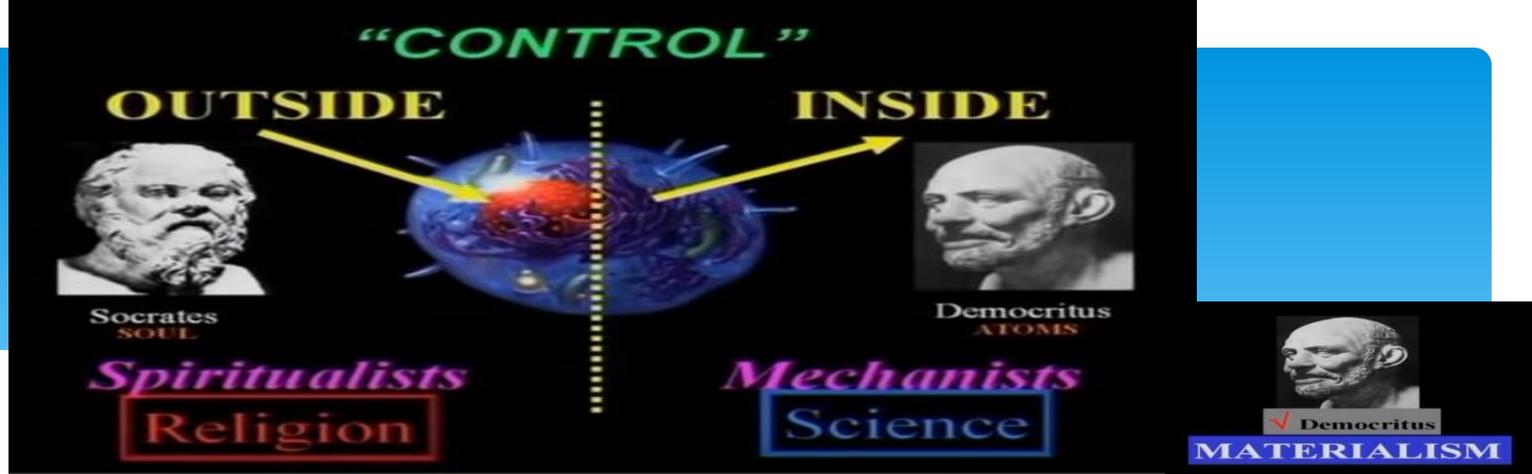
- 1) A corrupt “shadow” of the Ideal



**Democritus**  
(460-370BC)

Materialism - “What you see is what you get”

- 1) Atoms ( means “uncuttable”)
- 2) Space (vacuum)
- 3) Motion (transfer of momentum when atoms collide)



**Newtonian Mechanics**  
*Universe = Matter*  
(~1700)

**Quantum Mechanics**  
*Universe = Energy*  
(~1925)



**Isaac Newton**  
1643-1727

*The Universe is a Machine*

*Philosophiæ naturalis principia mathematica*  
(The Mathematical Principles of Natural Philosophy, 1687)

↓

**Celestial Mechanics**

**Quantum Physics**  
(Matter=Energy)

Mind (Field) 

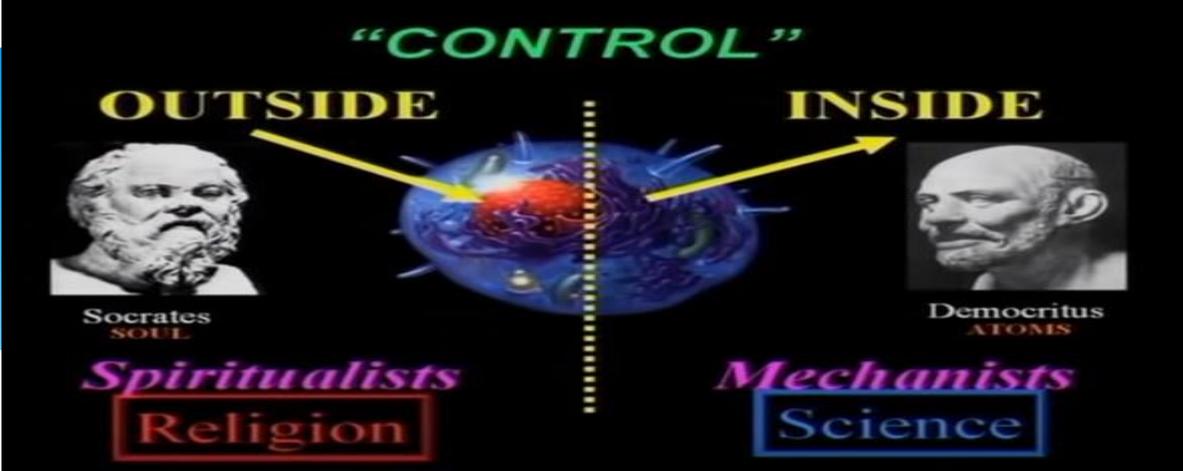
Body (Particle) 

*"The field is the sole governing agency of the particle."*  
Albert Einstein

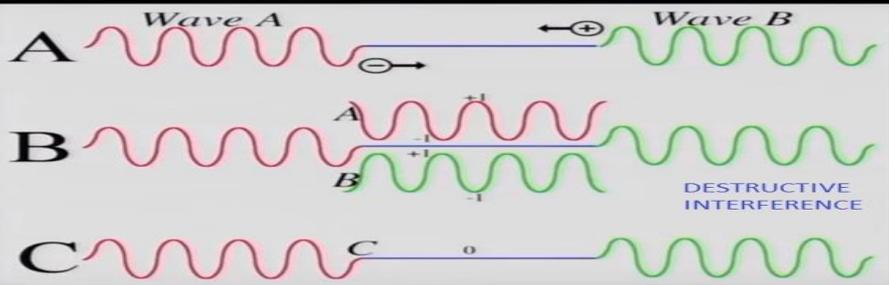
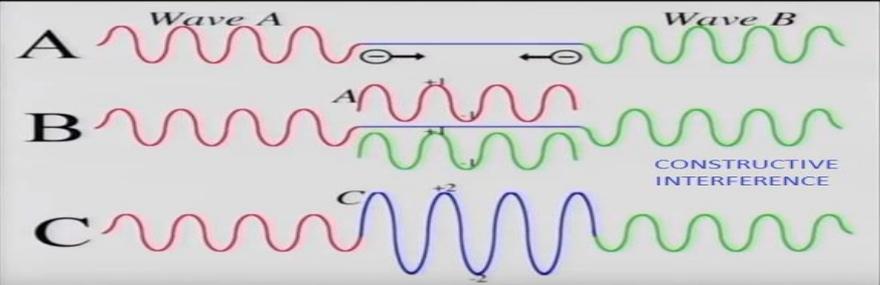
**Isaac Newton**  
1643-1727

 Newtonian Physics (matter only)

 **Vital Force**



**“Wholeness”**



*Mission of Modern Science -*

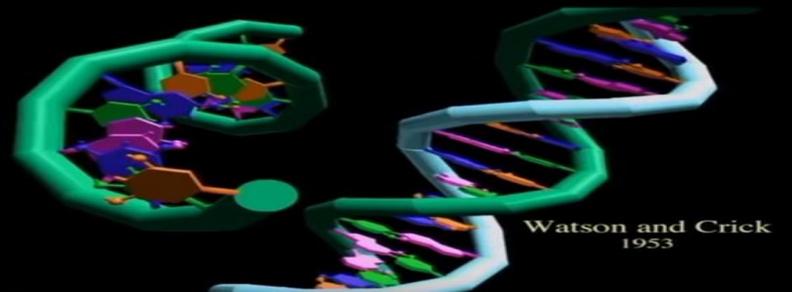
To obtain knowledge that can be used to dominate and control Nature

(-1650 Francis Bacon)

**“...traits controlled by hereditary factors...”**



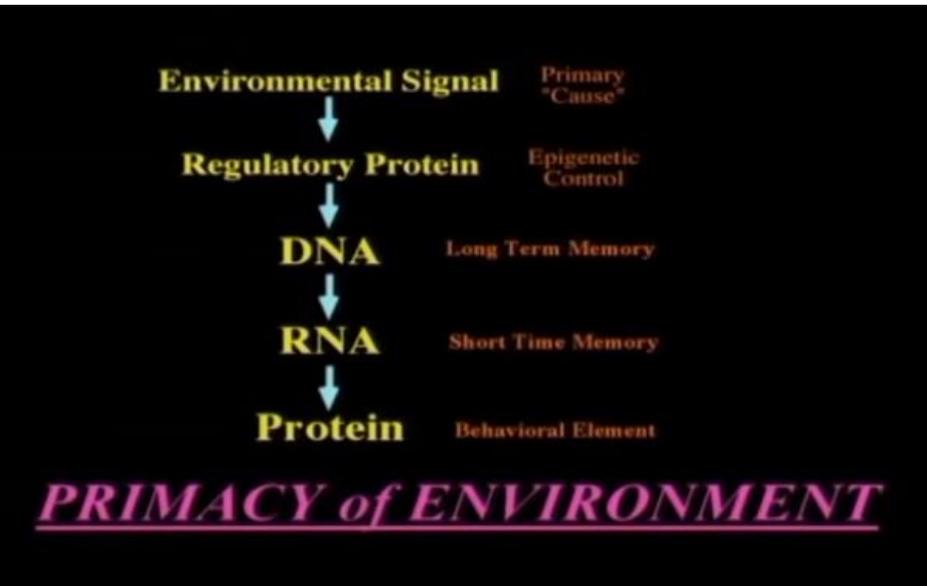
*On the Origin of Species*  
Charles Darwin 1859



Watson and Crick  
1953



150 000 different proteins  
to make a human body



**Conclusion**

**Perception: Controls Biology**

**“Controls” Behavior**  
**“Controls” Genes**  
**“Rewrites” Genes**

- ASSUMPTIONS**
- 1) BIOLOGICAL PROCESSES EMPLOY NEWTONIAN PHYSICS OR MATTER / MACHINE CONCEPT
  - 2) GENES CONTROL LIFE
  - 3) SURVIVAL OF THE FITTEST IN THE STRUGGLE OF EXISTENCE

New York Times Bestseller

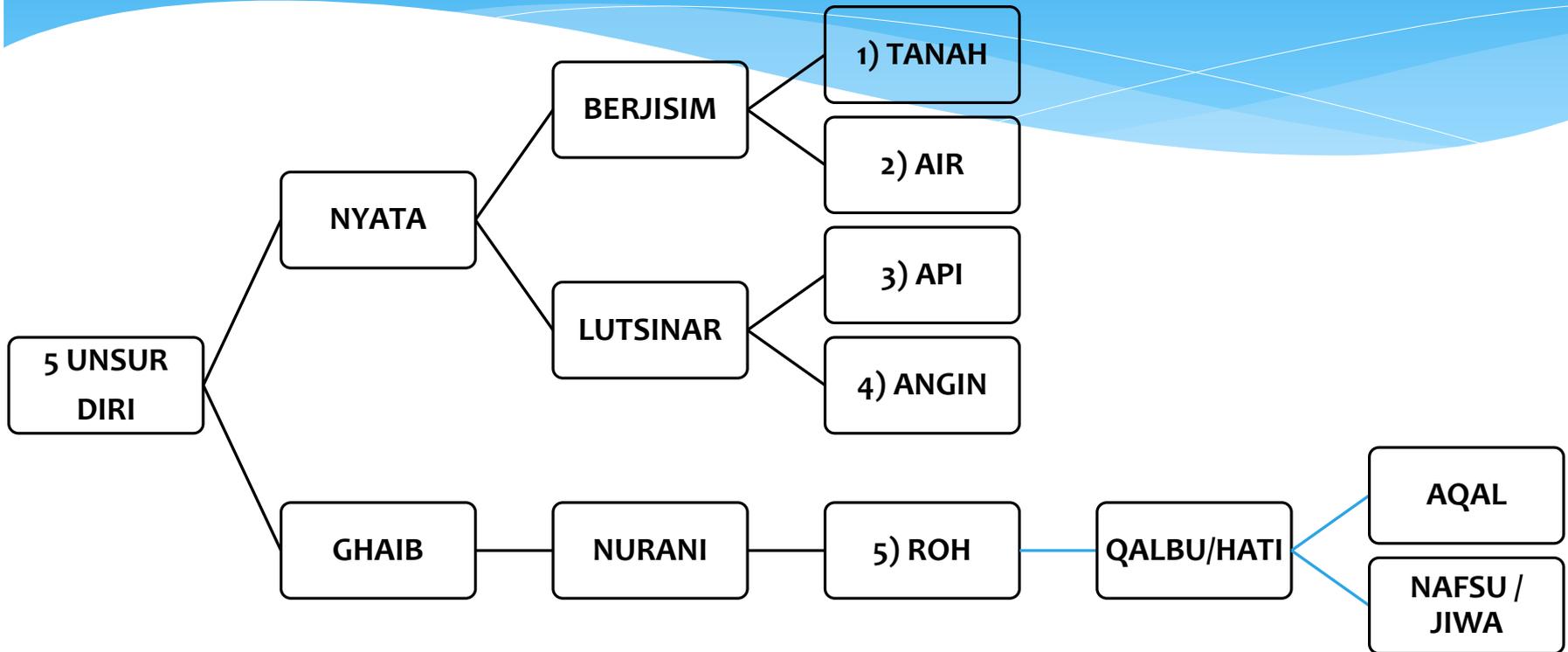
# The Hidden Messages in Water



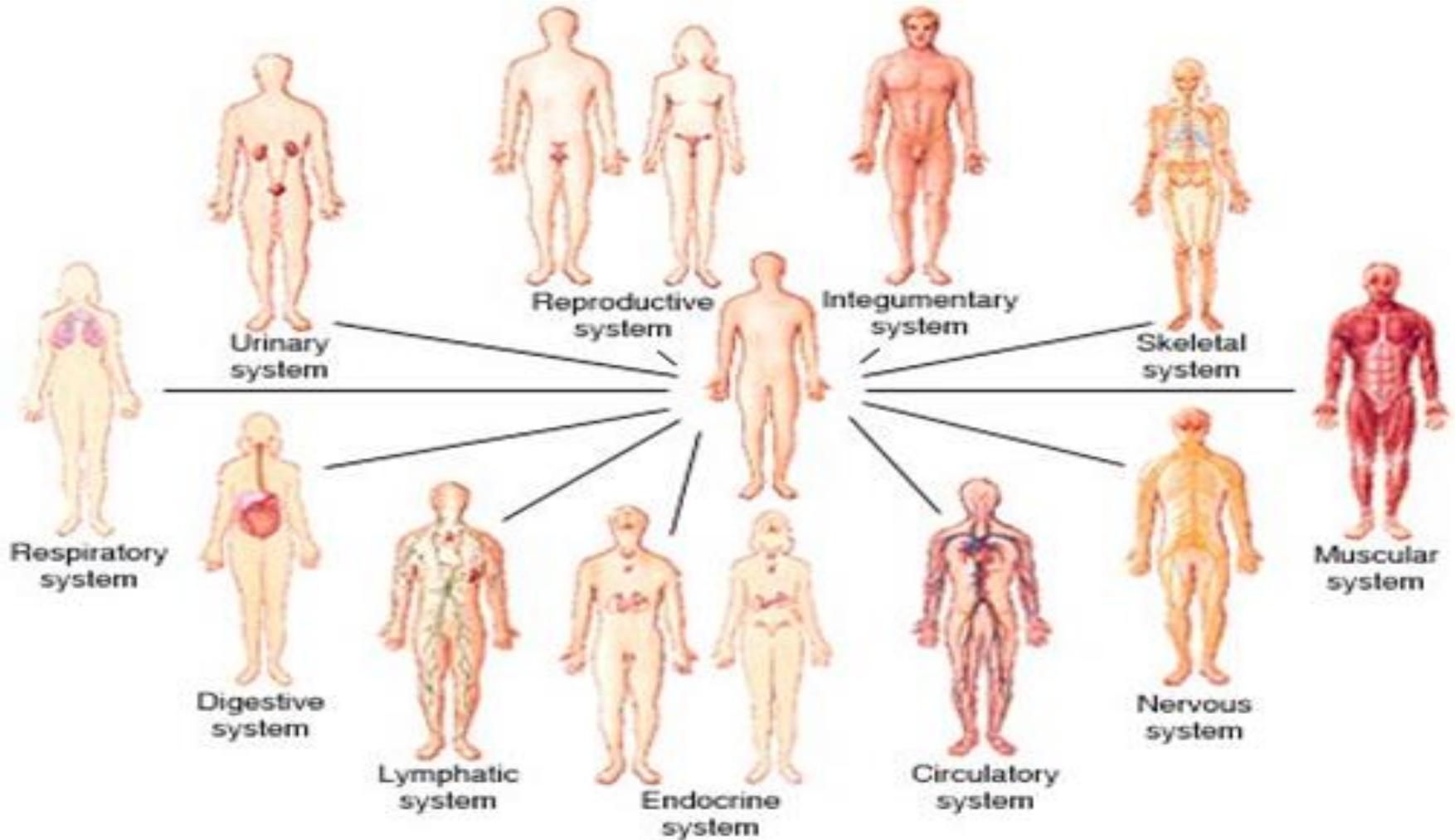
Masaru Emoto



# 5 UNSUR PADA DIRI

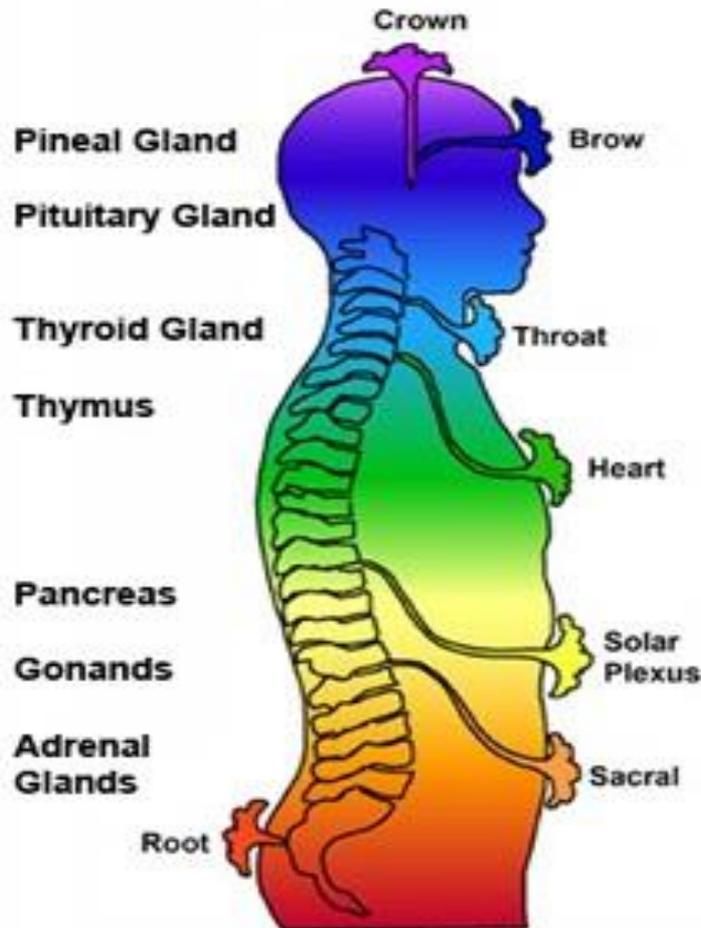


# 11 SISTEM TUBUH



# 7 KELENJAR HORMON & 7 MAKAM TENAGA

**Endocrine system      The 7 Chakras**



# MINDA = TENAGA YANG TERHASIL DARI AQAL

- \* FUNGSI MINDA TERBAHAGI KEPADA 3 PERKARA

- \* MINDA SEDAR (CONSCIOUS)

- \* BERFIKIR, BELAJAR, PENERIMAAN 5 DERIA, FOKUS, TAHU APA YANG DIBUAT

- \* MINDA BAWAH SEDAR (SUBCONSCIOUS)

- \* FILTERS, AUTOPILOT, MEMORY RECALL, PROGRAM, IDEA, CONDITIONING, MINDSET, MUDAH DIAKSES, MUDAH PERCAYA, TUMPUAN IKLAN, EMOSI

- \* MINDA LUAR SEDAR (UNCONSCIOUS / SUPERCONSCIOUS / HIGHEST MIND)

- \* TERIMA APA SAHAJA YANG MELEPASI FILTERS, PERCAYA, NALURI, ILHAM, DE JAVU, PARADIGMA, IMAN, SUKAR UNTUK DIAKSES, MENGAWAL FUNGSI TUBUH

# Minda Seumpama Bongkah Ais (Iceberg)



Kawalan  
minda sedar

Lob parietal

Lob frontal

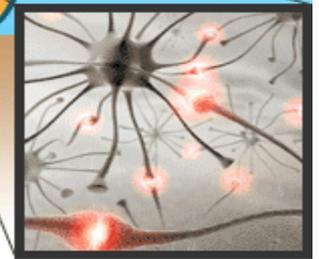
Lob temporal

Pusat minda  
separa sedar

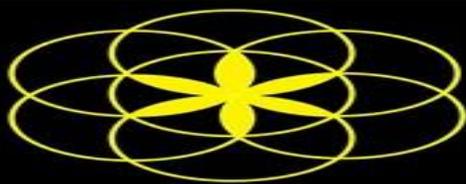
Serebelum

Formasi retekular

Lob Okkipital



Rangkaian neuron



**AKADEMI NUR SUFI**

'MEMPROFESIONALKAN AMALAN TRADISIONAL'

**WHATSAPP : 012 983 7005**

**PERUBATAN TRADISIONAL & KOMPLEMENTARI MELAYU NUSANTARA  
KURSUS – KURSUS INTENSIF YANG DITAWARKAN DENGAN KOS BERPATUTAN**

**PERUBATAN SUFI  
1 & 2**

**TAFAKUR**

**HIPNOTERAPI,  
NLP, EFT, ENERGY  
MEDICINE**

**UNSUR TUBUH**

**PERSONA  
HIKMAH  
KEPERIBADIAN**

**HERBA & BAHAN  
ALAMI**

**URUTAN  
PELBAGAI**

**PENJAGAAN  
LEPAS BERSALIN**

**MAAJUN &  
MINYAK URUT**

**PEMBETULAN  
TULANG  
BELAKANG**

**AKUPUNTUR**

**BEKAM**

**CLINICAL  
ANATOMY &  
FISIOLOGY**

**BASIC MEDICAL  
SCIENCES**

**EMERGENCY  
MEDICINE**

**MANUSKRIP**

**SKM & DKM**

**RESEARCH  
METHODOLOGY**

SEKIAN, TERIMA KASIH

