



POS BASIK PERAWATAN DIABETES
FAKULTI PERUBATAN, UKM
SESI 2025 – 2026

Disediakan oleh:
Pengurus
Program Pos Basik Perawatan Diabetes
Unit Pos Basik
Dicetak pada:_____

MAKLUMAT PROGRAM
POS BASIK PERAWATAN DIABETES, FAKULTI PERUBATAN, UKM
SESI 2025-2026

KETUA PROGRAM: DR. NOR HATY HASSAN
 JABATAN KEJURURAWATAN

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PENYELARAS PROGRAM: PROF. DR. NORLAILA MUSTAFA
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PENGURUS PROGRAM: PN SOPHIA LEZA ZULKIFLY
 UNIT POS BASIK

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BIL	KOD KURSUS	KURSUS	NAMA PENGAJAR	NO TELEFON
1	FFPD6112	INTRODUCTION TO DIABETES MELLITUS/ PENGENALAN KEPADA DIABETES MELLITUS	PN SOPHIA LEZA ZULKIFLY	03-91454895
2	FFPD6122	PSYCHOSOCIAL AND BEHAVIORAL APPROACH IN DIABETES/ PENDEKATAN PSIKOSOSIAL DAN TINGKAH LAKU DALAM DIABETES	PN ROHANA JAAFAR	03-91455347
3	FFPD6133	DIABETES EDUCATOR ROLES/ PERANAN PENDIDIK DIABETES	EN UMAR RAZAK RAZALI	03-91457375
4	FFPD6143	CLINICAL PRACTICE 1/ PRAKTIKAL KLINIKAL	EN UMAR RAZAK RAZALI	03-91457375
5	FFPD6213	DIABETES COMPLICATIONS AND CO-MORBIDITIES MANAGEMENT/ PENGURUSAN KOMORBIDITI DAN KOMPLIKASI DIABETES	PN FAIZAH SHAFIE	03-91458258
6	FFPD6224	DIABETES MANAGEMENT IN SPECIAL ISSUES/ ISU KHAS DALAM PENGURUSAN DIABETES	PN ROHANA JAAFAR	03-91455347
7	FFPD6233	CLINICAL PRACTICE 2/ PRAKTIKAL KLINIKAL 2	PN SOPHIA LEZA ZULKIFLY	03-91454895



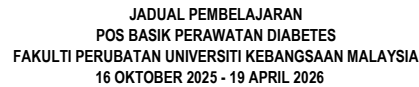
JADUAL PEMBELAJARAN
POS BASIK PERAWATAN DIABETES
FAKULTI PERUBATAN UNIVERSITI KEBANGSAAN MALAYSIA
16 OKTOBER 2025 - 19 APRIL 2026

SESI SATU (1)

SESTARI (1)										
MINGGU 1	8.30 - 9.30 PG	9.30 - 10.30 PG	10.30 - 11.00 PG	11.00 - 12.00 TGH	12.00 - 1.00 TGH	1.00 - 2.00 PTG	2.00 - 3.00 PTG	3.00 ptg - 4.00 PTG	4.00 - 5.00 PTG	
ISNIN 20/10/2025	HARI DEEPAVALI									
SELASA 21/10/2025	FFPD6112 - INTRODUCTION TO DIABETES MELLITUS JT Sophia Leza Zulkifly/ KJ Umar Razak Razali		R E H A T	1. Fundamentals of Anatomy & Physiology of the Endocrine System Prof Dr Norlaila Mustafa		R E H A T	2. Overview of Diabetes Mellitus Prof Dr Norlaila Mustafa	3. Diabetes Mellitus - Part 2 Prof Dr Norlaila Mustafa	SLT	
RABU 22/10/2025	10. Pharmacological Therapy for Diabetes (OHA) Prof Madya Dr Norasyikin A. Wahab			4. Diabetes Mellitus - Part 3 Puan Rohana Jaafar			SLT			
KHAMIS 23/10/2025	9. Pharmacological Therapy for Diabetes (Insulin) Prof Madya Dr Norasyikin A. Wahab			8. Clinical Practice Guideline Prof Madya Dr Norasyikin A. Wahab			Tutorial: Screening to Diagnosis: FPG and OGTT KJ Umar Razak Razali			SLT
JUMAAT 24/10/2025	11. Other Pharmacological Therapy for Diabetes Prof Madya Dr Norasyikin A. Wahab			Praktikal: Nurses' Role in the Administration of Insulin Injection KJ Azrina Muslim			REHAT (12.30 TGH -3 PTG)		Tutorial: Comprehensive Clinical Assessment and Target Control in DM KJ Umar Razak Razali	Tutorial: Nursing Management of Patients on Pharmacological Therapy for Diabetes (OHA)
SABTU 25/10/2025	HARI KELEPASAN									
AHAD 26/10/2025	HARI KELEPASAN									

Disediakan Oleh :
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[illegible]

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FAKULTI PERUBATAN UNIVERSITI KEBANGSAAN MALAYSIA
16 OKTOBER 2025 - 19 APRIL 2026

SESI SATU (1)

MINGGU 3	8.30 - 9.30 PG	9.30 - 10.30 PG	10.30 - 11.00 PG	11.00 - 12.00 TGH	12.00 - 1.00 TGH	1.00 - 2.00 PTG	2.00 - 3.00 PTG	3.00 ptg - 4.00 PTG	4.00 - 5.00 PTG
ISININ 03/11/2025	10. Facilitate Behavioural and Attitude Change Dr Arif Atarhim		R E H A T	SLT		R E H A T	FFPD6122 - CONTINUOUS ASSESSMENT PEMBENTANGAN - ROLE PLAY (IMPACT OF LIVING WITH DIABETES) 1. Fear of Hypoglycemia 2. Fear of Chronic Complications 3. Eating Disorders 4. Lifestyles Changes Pn Rohana Jaafar/ KJ Umar Razak Razali/ Sophia Leza		FFPD6123 - DIABETES EDUCATOR ROLES KJ Umar Razak Razali/ JT Sophia Leza Zulkiffly
SELASA 04/11/2025	SLT	1. The Role of Diabetes Educator KJ Faizah Shafie		2. Becoming Effective Educator Pn Rohana Jaafar	Tutorial: Barrier to Effective Counselling Pn Rohana Jaafar		5. Management Patient Undergoing Surgery and Investigative Tests - Part 1 JT Mariati Che Hassan	6. Management Patient Undergoing Surgery and Investigative Tests - Part 2 JT Mariati Che Hassan	Tutorial: Management of an Insulin Infusion JT Mariati Che Hassan
RABU 05/11/2025	7. Glucometer JT Norashikin Ibrahim	Tutorial: The Recording and Interpretation of Results KJ Umar Razak Razali		Others: Continuous Glucose Monitoring (CGM) Beurotech (Company)	Others: Glucometer - Maintenance and Validation Ethos Healthcare (Company)		3. Basic Training Principles Pn Rohana Jaafar	4. Teaching and Learning Strategies Pn Rohana Jaafar	SLT
KHAMIS 06/11/2025	8. Insulin Delivery Device KJ Azrina Muslim	9. Technique of Injecting Insulin KJ Azrina Muslim		Others: Insulin Pump and CGM Medtronic (Company)	OTHERS: GLP 1 Farah (Company)		OTHERS: Insulin Pen Novopen (Company)	SLT	
JUMAAT 07/11/2025	Praktikal: Insulin Pen JT Rozlin Jamil			OTHERS: Insulin Needle Ng Kok Khuan (BD) Company	REHAT (12.30 T/HARI - 3.00 PETANG)		SLT		
SABTU 08/11/2025	WORLD DIABETES DAY				HARI KELEPASAN				
AHAD 09/11/2025	HARI KELEPASAN								

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16 OKTOBER 2025 - 19 APRIL 2026

SESI SATU (1)

REHAT SATU (1)										
MINGGU 4	8.30 - 9.30 PG	9.30 - 10.30 PG	10.30 - 11.00 PG	11.00 - 12.00 TGH	12.00 - 1.00 TGH	1.00 - 2.00 PTG	2.00 - 3.00 PTG	3.00 ptg - 4.00 PTG	4.00 - 5.00 PTG	
ISNIN 10/11/2025	SLT	10. Special Consideration in Injectable Therapy KJ Faizah Shafie	R E H A T	TUTORIAL: Insulin Injection Technique JT Norulhuda Wadu	Tutorial: Mengenalpasti Lokasi Suntikan dan Tanda-tanda Lipohypertrophy/ Lipothrophy/ Lipodystrophy JT Norulhuda Wadu	R E H A T	12. Diabetes Self-management (DSME) Pn Rohana Jaafar		SLT	
SELASA 11/11/2025	11. Self-Monitoring Blood Glucose (SMBG) JT Norashikin Ibrahim			Tutorial: Counseling on Self- Monitoring of Blood Glucose at home JT Siti Raudziah Raya Hamdan	SLT		13. Patient Focus Pn Rohana Jaafar		TUTORIAL: Teaching Skills in Self- management JT Norhuda Mohamed Sultan	
RABU 12/11/2025	TUTORIAL: Demonstrate Competency in Facilitating People with Diabetes and Care Giver on SMBG, BP and Body Weight & Delivery of Effective DSME/ Support KJ Umar Razak Razali			14. Diabetes Educators Focus Education Skills KJ Faizah Shafie			TUTORIAL: Nursing Care Plans for Newly Diagnosed Diabetes Patients KJ Faizah Shafie	SLT		
KHAMIS 13/11/2025	16. Personal and Professional Development Dr Roshaya Zakaria			15. Management of Diabetes Resource Centre Pn Rohana Jaafar			TUTORIAL: Kaunseling/ Pendidikan Kesihatan Individu JT Nor Akhmar Ibrahim	SLT		
JUMAAT 14/11/2025	FFPD6123 - CONTINUOUS ASSESSMENT QUIZ (MCQ) - Sudmit Event Report KJ Umar Razak Razali/ JT Sophia Leza Zulkifly			FFPD6143 - Clinical Practice 1 KJ Umar Razak Razali/ JT Sophia Leza Zulkifly	REHAT (12.30 T/hari - 3.00 Petang)			SLT		
SABTU 15/11/2025	HARI KELEPASAN									
AHAD 16/11/2025	HARI KELEPASAN									

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16 OKTOBER 2025 - 19 APRIL 2026

SESI SATU (1)

MINGGU 5	8.30 - 9.30 PG	9.30 - 10.30 PG	10.30 - 11.00 PG	11.00 - 12.00 TGH	12.00 - 1.00 TGH	1.00 - 2.00 PTG	2.00 - 3.00 PTG	3.00 ptg - 4.00 PTG	4.00 - 5.00 PTG
ISNIN 17/11/2025	MODUL 4: FFPD6143 CLINICAL PRACTICE 1 PENEMPATAN KLINIKAL SESI 1 (7.00 AM - 9.00 PM)								
SELASA 18/11/2025									
RABU 19/11/2025									
KHAMIS 20/11/2025									
JUMAAT 21/11/2025									
SABTU 22/11/2025	HARI KELEPASAN								
AHAD 23/11/2025	HARI KELEPASAN								

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SESI SATU (1)

MINGGU 6	8.30 - 9.30 PG	9.30 - 10.30 PG	10.30 - 11.00 PG	11.00 - 12.00 TGH	12.00 - 1.00 TGH	1.00 - 2.00 PTG	2.00 - 3.00 PTG	3.00 ptg - 4.00 PTG	4.00 - 5.00 PTG
ISNIN 24/11/2025	MODUL 4: FFPD6143 CLINICAL PRACTICE 1 PENEMPATAN KLINIKAL SESI 1 (7.00 AM - 9.00 PM)								
SELASA 25/11/2025									
RABU 26/11/2025									
KHAMIS 27/11/2025									
JUMAAT 28/11/2025									
SABTU 29/11/2025	HARI KELEPASAN								
AHAD 30/11/2025	HARI KELEPASAN								

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SESI SATU (1)

MINGGU 7	8.30 - 9.30 PG	9.30 - 10.30 PG	10.30 - 11.00 PG	11.00 - 12.00 TGH	12.00 - 1.00 TGH	1.00 - 2.00 PTG	2.00 - 3.00 PTG	3.00 ptg - 4.00 PTG	4.00 - 5.00 PTG
ISNIN 01/12/2025	MODUL 4: FFPD6143 CLINICAL PRACTICE 1 PENEMPATAN KLINIKAL SESI 1 (7.00 AM - 9.00 PM)								
SELASA 02/12/2025									
RABU 03/12/2025									
KHAMIS 04/12/2025									
JUMAAT 05/12/2025									
SABTU 06/12/2025	HARI KELEPASAN								
AHAD 07/12/2025	HARI KELEPASAN								

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16 OKTOBER 2025 - 19 APRIL 2026

SESI SATU (1)

MINGGU 8	8.30 - 9.30 PG	9.30 - 10.30 PG	10.30 - 11.00 PG	11.00 - 12.00 TGH	12.00 - 1.00 TGH	1.00 - 2.00 PTG	2.00 - 3.00 PTG	3.00 ptg - 4.00 PTG	4.00 - 5.00 PTG
ISNIN 08/12/2025	MODUL 4: FFPD6143 CLINICAL PRACTICE 1 PENEMPATAN KLINIKAL SESI 1 (7.00 AM - 9.00 PM)								
SELASA 09/12/2025									
RABU 10/12/2025									
KHAMIS 11/12/2025									
JUMAAT 12/12/2025									
SABTU 13/12/2025	HARI KELEPASAN								
AHAD 14/12/2025	HARI KELEPASAN								

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16 OKTOBER 2025 - 19 APRIL 2026

SESI SATU (1)

MINGGU 9	8.30 - 9.30 PG	9.30 - 10.30 PG	10.30 - 11.00 PG	11.00 - 12.00 TGH	12.00 - 1.00 TGH	1.00 - 2.00 PTG	2.00 - 3.00 PTG	3.00 ptg - 4.00 PTG	4.00 - 5.00 PTG
ISNIN 15/12/2025	MODUL 4: FFPD6143 CLINICAL PRACTICE 1 PENEMPATAN KLINIKAL SESI 1 (7.00 AM - 9.00 PM)								
SELASA 16/12/2025									
RABU 17/12/2025									
KHAMIS 18/12/2025									
JUMAAT 19/12/2025									
SABTU 20/12/2025	HARI KELEPASAN								
AHAD 21/12/2025	HARI KELEPASAN								

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JABATAN PERKHIDMATAN KEJURURAWATAN
POS BASIK PERAWATAN DIABETES
FAKULTI PERUBATAN UNIVERSITI KEBANGSAAN MALAYSIA
16 OKTOBER 2025 - 19 APRIL 2026

SESI SATU (1)

MINGGU 10	8.30 - 9.30 PG	9.30 - 10.30 PG	10.30 - 11.00 PG	11.00 - 12.00 TGH	12.00 - 1.00 TGH	1.00 - 2.00 PTG	2.00 - 3.00 PTG	3.00 ptg - 4.00 PTG	4.00 - 5.00 PTG
ISNIN 22/12/2025	MODUL 4: FFPD6143 CLINICAL PRACTICE 1 PENEMPATAN KLINIKAL SESI 1 (7.00 AM - 9.00 PM)								
SELASA 23/12/2025									
RABU 24/12/2025									
KHAMIS 25/12/2025	HARI KRISMAS								
JUMAAT 26/12/2025	MODUL 4: FFPD6143 CLINICAL PRACTICE 1 PENEMPATAN KLINIKAL SESI 1(7.00 AM - 9.00 PM)								
SABTU 27/12/2025	HARI KELEPASAN								
AHAD 28/12/2025	HARI KELEPASAN								

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16 OKTOBER 2025 - 19 APRIL 2026

SESI SATU (1)

MINGGU 11	8.30 - 9.30 PG	9.30 - 10.30 PG	10.30 - 11.00 PG	11.00 - 12.00 TGH	12.00 - 1.00 TGH	1.00 - 2.00 PTG	2.00 - 3.00 PTG	3.00 ptg - 4.00 PTG	4.00 - 5.00 PTG
ISNIN 29/12/2025	MINGGU ULANGKAJI								
SELASA 30/12/2025									
RABU 31/12/2025									
KHAMIS 01/01/2026	TAHUN BARU 2026								
JUMAAT 02/01/2026	MINGGU ULANGKAJI								
SABTU 03/01/2026	HARI KELEPASAN								
AHAD 04/01/2026	HARI KELEPASAN								

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16 OKTOBER 2025 - 19 APRIL 2026

SESI SATU (1)

MINGGU 12	8.30 - 9.30 PG	9.30 - 10.30 PG	10.30 - 11.00 PG	11.00 - 12.00 TGH	12.00 - 1.00 TGH	1.00 - 2.00 PTG	2.00 - 3.00 PTG	3.00 ptg - 4.00 PTG	4.00 - 5.00 PTG
ISNIN 05/01/2026	PEPERIKSAAN AKHIR SEMESTER - FFPD6112								
SELASA 06/01/2026	PEPERIKSAAN AKHIR SEMESTER - FFPD6122								
RABU 07/01/2026	PEPERIKSAAN AKHIR SEMESTER - FFPD6133								
KHAMIS 08/01/2026	PEPERIKSAAN AKHIR SEMESTER - CASE PRESENTATION								
JUMAAT 09/01/2026	PEPERIKSAAN AKHIR SEMESTER - OSCE								
SABTU 10/1/2026	HARI KELEPASAN								
AHAD 11/01/2026	HARI KELEPASAN								

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SESI SATU (1)

MINGGU 13	8.30 - 9.30 PG	9.30 - 10.30 PG	10.30 - 11.00 PG	11.00 - 12.00 TGH	12.00 - 1.00 TGH	1.00 - 2.00 PTG	2.00 - 3.00 PTG	3.00 ptg - 4.00 PTG	4.00 - 5.00 PTG
ISNIN 12/01/2026	CUTI PERTENGAHAN SEMESTER								
SELASA 13/01/2026									
RABU 14/01/2026									
KHAMIS 15/01/2026									
JUMAAT 16/1/2026									
SABTU 17/01/2026	HARI KELEPASAN								
AHAD 18/01/2026	HARI KELEPASAN								

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