

HEALTH SCREENING PACKAGE

‘Detect Early, Stay Healthy’

UMBI WELLNESS CENTRE
Pusat Saringan Kesihatan UMBI



STANDARD PACKAGE **RM 150**

BLOOD ANALYSIS

FULL BLOOD COUNT

- White Blood Cell Count (WBC)
- Red Blood Cell Count (RBC)
- Haemoglobin (HGB)
- Haematocrit (HCT)
- Mean Cell Volume (MCV)
- Mean Cell Haemoglobin (MCH)
- Mean Cell Haemoglobin Concentration (MCHC)
- Red Cell Distribution Width (RDW)
- Platelets Count (PLT)

RENAL FUNCTION

- Sodium
- Potassium
- Urea
- Creatinine
- Calcium
- Phosphorus

LIPID PROFILE

- Total Cholesterol
- HDL Cholesterol
- LDL Cholesterol (calculated)
- Triglycerides

DIABETES SCREENING

- Fasting Blood Glucose

URINE ANALYSIS

- Total Protein
- Creatinine

PHYSICAL MEASUREMENT

BODY COMPOSITION (BIOELECTRICAL IMPEDENCE ANALYSIS)

- Intracellular & Extracellular Water & Total Body Water
- Dry Lean Mass, Body Fat Mass, Lean Body Mass, Body Weight

BLOOD PRESSURE & BMI

- Blood Pressure
- Anthropometric Measurement

HEART FUNCTION TEST

- Electrocardiogram Test (ECG)

LUNG FUNCTION TEST

- Spirometry Test

VASCULAR SCREENING

- CAVI (For Vascular Stiffness)
- ABI (For Vascular Stenosis/Occlusion)
- Vascular age

ADD ON SCREENING

DIABETIC CONTROL RM 30

- HbA1c Level
- Monitoring of three-month blood glucose

THYROID FUNCTION TEST (TFT) RM 50

- Thyroid Stimulating Hormone (TSH)
- Thyroxine Free (FT4)

BLOOD GROUPING RM 15

- ABO Blood Grouping

URINE ALBUMIN RM 20

- To detect early kidney disease in people with diabetes or other risk factors, such as high blood pressure (hypertension)

COLORECTAL CANCER SCREENING (RAPID TEST) RM 20

- Using Immunochemical Fecal Occult Blood (iFOBT) Kit

URIC ACID LEVEL RM 20

- To Diagnose The Cause Of Kidney Stones Or Gout

VITAMIN D RM 100

- Serum Vitamin D
- Determine if bone weakness & malformation, or abnormal metabolism of calcium

LIVER FUNCTION TEST (LFT) RM 50

- Bilirubin Total
- Alanine Amino Transferase (ALT)
- Albumin
- Alkaline Phosphatase (ALP)
- Total Protein

BONE DENSITY MEASUREMENT RM 120

- Dual-Energy X-ray Absorptiometry (DEXA)
- For measurement of the bone density loss, especially for the elderly

ORAL GLUCOSE TOLERANCE TEST (OGTT) FASTING BLOOD SUGAR LEVEL HBA1C LEVEL RM 60

- To Diagnose Instances Of Diabetes Mellitus or Insulin Resistance. Suggested for Pre-diabetes Patients (Fasting Levels Between 6.1 And 6.99 Mmol/L)

CALL FOR APPOINTMENT

1 800 88 2007 / 011 6303 6767

- twitter.com/lumbi_wellness
- fb.com/lumbi-mycro_wellness_centre
- instagram.com/lumbi.ukm
- www.ukm.my/lumbi/wellness



KETAHUI

RISIKO ANDA!

TERHADAP

UMBI

INSTITUT PERUBATAN MOLEKUL UKM
UKM MEDICAL MOLECULAR BIOLOGY INSTITUTE

UMBI WELLNESS CENTRE

Pusat Saringan Kesihatan UMBI



KEGAGALAN FUNGSI BUAH PINGGANG



KEGAGALAN FUNGSI PARU-PARU



KENCING MANIS



DARAH TINGGI



PARAS KOLESTEROL TINGGI



PENYAKIT JANTUNG

KENCING MANIS



1 daripada 5

rakyat Malaysia (3.5 juta orang) menghidapi

KENCING MANIS



1 daripada 10 (1.8 juta orang)

rakyat Malaysia dewasa yang berusia 18 tahun ke atas **TIDAK MENYEDARI** mereka menghidapi **KENCING MANIS**

TEKANAN DARAH TINGGI



30.3

30.3%

rakyat Malaysia menghidapi Tekanan Darah Tinggi



1 daripada 5

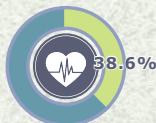
rakyat Malaysia **TIDAK MENYEDARI** mereka menghidapi **TEKANAN DARAH TINGGI**

KOLESTEROL TINGGI



1 daripada 2

rakyat Malaysia mempunyai **PARAS KOLESTEROL TINGGI**



38.6%

rakyat Malaysia **TIDAK MENYEDARI** mereka mempunyai **PARAS KOLESTEROL TINGGI**

OBESITI



1 daripada 2

rakyat Malaysia **MEMPUNYAI BERAT BADAN BERLEBIHAN DAN OBES**

5.6 Juta orang **Berat badan BERLEBIHAN**

3.3 Juta orang **MENGHADAPI OBESITI**



Jalani Ujian Saringan Kesihatan Sekarang!



10% diskaun

Pesara kerajaan

Orang Kurang Upaya

Pendaftaran Berkumpulan (5 orang ke atas dari 1 agensi)

Warga UKM

Warga emas 60 tahun ke atas

Kami menerima :



Debit & Kredit

P Parkir disediakan & **PERCUMA**

Detect Early, Stay Healthy

INSTITUT PERUBATAN MOLEKUL UKM (UMBI)

PUSAT PERUBATAN UKM, BANDAR TUN RAZAK 56000 CHERAS, KUALA LUMPUR

twitter.com/umbi_wellness

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